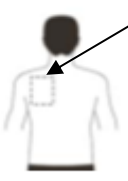
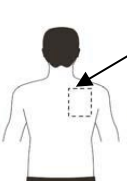
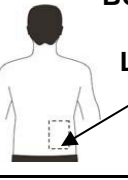

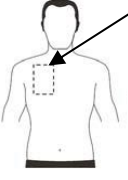
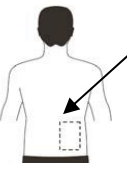
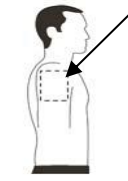
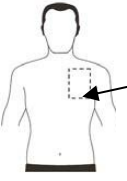
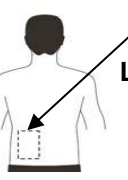
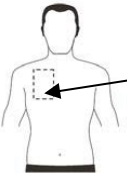
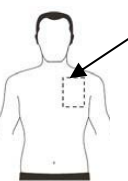
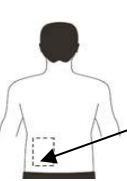
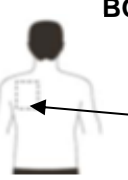
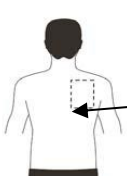


Supplementary Record Chart for the Administration of Nicotine Patches

Patient Name		Date of Birth		NHS No	
Applying nicotine transdermal patch Before applying a patch, make sure the skin is: <ul style="list-style-type: none"> • clean, dry and relatively hairless • free of any powder, oil, moisturiser or lotion that could keep the patch from sticking skin properly • free of cuts, rashes, scars and/or irritations 			Carefully remove any patch BEFORE applying a new one and document removal and application Apply only one patch per day to one of the following sites, as shown in the table <ul style="list-style-type: none"> • left or right upper arm • left or right upper chest (avoid breast) • left or right upper back • left or right lower back 		

Do not apply a new patch to that same area of skin twice within 7 days. Start on day one. If the patient has a patch on that site or a site cannot be used, use the site indicated for the following day

Follow the sites by each numbered day entering the date, name and signature for each patch removed/applied
Each arrow indicates which site of the location the patch should be placed.
The Medicines Administration Record Chart (MAR) must also be annotated with the appropriate variant code

AREA	DAY	PRINT & SIGN	Area	DAY	PRINT & SIGN
 TOP LEFT UPPER BACK	ONE		 TOP RIGHT UPPER BACK	EIGHT	
	DATE			DATE	
	Patch Removed			Patch Removed	
		YES NO			YES NO
 BOTTOM RIGHT LOWER BACK	TWO		 LEFT UPPER ARM	NINE	
	DATE			DATE	
	Patch Removed			Patch Removed	
		YES NO			YES NO
 TOP RIGHT CHEST	THREE		 TOP RIGHT LOWER BACK	TEN	
	DATE			DATE	
	Patch Removed			Patch Removed	
		YES NO			YES NO
 RIGHT UPPER ARM	FOUR		 BOTTOM LEFT CHEST	ELEVEN	
	DATE			DATE	
	Patch Removed			Patch Removed	
		YES NO			YES NO
 TOP LEFT LOWER BACK	FIVE		 BOTTOM RIGHT CHEST	TWELVE	
	DATE			DATE	
	Patch Removed			Patch Removed	
		YES NO			YES NO
 TOP LEFT CHEST	SIX		 BOTTOM LEFT LOWER BACK	THIRTEEN	
	DATE			DATE	
	Patch Removed			Patch Removed	
		YES NO			YES NO
 BOTTOM LEFT UPPER BACK	SEVEN		 BOTTOM RIGHT UPPER BACK	FOURTEEN	
	DATE			DATE	
	Patch Removed			Patch Removed	
		YES NO			YES NO

